

Manifesto Workshop / Worksheet

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Objective: Write a manifesto that includes:

1. Your life goals (What problems do you want to address in your life and/or the world?)
2. Your ideas, ideals, beliefs, and values (Why do these problems matter to you and to the world?)
3. Your view of the world, past, present, and future.
4. Why your goals and vision for the future matter. (What are the consequences of failure?)
5. Key lessons learned from this class (How will these lessons and insights help you in your quest?)
6. How your goals, ideas, values, and vision have been changed, strengthened, or questioned in this class?

1. GOALS: List 3 goals for your life and specifically how you will measure success. Your measure of success should be something in your control, or mostly within your control. For example, if you want to be a writer: writing a novel you can be proud of in the next 2 years is mostly within your control. The novel reaching the bestseller's list is not in your control.

These may be specific career goals, relationship goals, spiritual goals, or goals based on living up to your values.

Goals	Evidence of Success
1. _____	_____

2. _____	_____

3. _____	_____

BONUS: Remember that anthropology isn't just about thinking. It's also about living and experiencing. List 3 simple and specific things that you can **do** now (within the next 24 hours) that are consistent with your goals:

- 1.
- 2.
- 3.

2. VALUES: List some of your core values that really matter to you:

How do your values connect to your goals?

3. The World: Past, Present, Future.

What are the key events, forces, and trends that have led to this particular moment and the problem your goals are addressing? You can answer this question on any scale you want (anything from a broad 12,000 year global scale to a more detailed 10 year local scale) but in any case use the anthropological method of “seeing big” to identify the key historical and cultural forces at work that create this moment.

How do these forces and trends operate in the present? What are the cultural dynamics at work that your goals address?

What is your vision for the future? How might you or the world be different if you succeed in accomplishing your goals?

4. Why does it matter? What are the consequences if you fail?

5. What key lessons have you learned that will help you? Write down any key lessons you learned. If you need help, think about how each lesson or challenge might have helped you practice the anthropological mindset, method, and/or goals we laid out at the beginning of the semester.

Mindset: Ask (new, bigger, deeper) Questions, Make Connections (with new people and new ideas), Take Chances (try new things)

Method: See our seeing (our assumptions). See Big (the historical and cultural structures and conditions). See Small (the small details, including local cultural logics). See it all (how the big and the small interact to create the cultural world.)

Goals: Experience more. Experience difference. Experience differently.

Challenge 1: Talking to Strangers.

This challenge is designed to practice the anthropological mindset. It encourages taking a chance on making connections with strangers which can potentially raise new questions and new insights about humanity, culture, and ourselves.

Challenge 2: Fieldwork of the Familiar.

This challenge is designed to practice the anthropological method of seeing our own seeing – to see the strange in the familiar – and to understand how our taken-for-granted everyday life is actually contingent on specific historical and cultural conditions (seeing big) and to understand the underlying cultural logic at work (seeing small).

Challenge 3: The 28 Day Challenge.

This challenge is designed to practice trying new things, experience more, and to reflect more deeply on how humans learn and create new habits, as well as how you, specifically, can better identify what conditions or techniques work best for you when you are trying to learn something new or change your habits.

Challenge 4: Word-Weaving

This challenge is designed for you to see your own seeing by reflecting on the language and metaphors you use and how you might choose different language or metaphors to change the way you think and act. New perspectives open up new questions, so this might also help you ask new questions and make new connections to new ideas.

Challenge 5: The UnThing Experiment

This challenge is designed for you to practice the art of seeing through the actual experience of removing some key technology from your life. It will help you see your seeing as you observe how this technology might shape your assumptions, to see big – how it is an integral part of a larger cultural system, to see small – how it might shape our most mundane habits and assumptions (or even our bodies), and to see it all - how our lives and culture might be different (for better and for worse) without it.

Challenge 6: Get Uncomfortable

This challenge is designed for you to experience more, experience difference – to put you in an uncomfortable situation in a different cultural environment, and experience differently – to practice using communication, empathy, and thoughtfulness to really experience the world from a different cultural position.

Challenge 7: The Other Encounter

This challenge is designed to practice the art of seeing your way into another person's perspective who has very different ideas, ideals, beliefs, and values from your own. This requires seeing your own seeing to move past your assumptions, seeing big to see the historical and cultural conditions that led to your differences with your other, and seeing small to see the specific details of your differences and why they exist.

Challenge 8: Global Connections

This challenge allows you to expand the mindset, method, and goals of anthropology to a global level, broadening your understanding of cultural differences, global connections, and how the world works to bring about prosperity and well as poverty and inequality.

Challenge 9: Making Meaning

This challenge sets the stage for the manifesto by asking you to reflect on your values, your past, or the world and to take responsibility for the type of meaning you will make in your life and in the world.

6. How your goals, ideas, values, and vision have been changed, strengthened, or questioned in this class?